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The Wonder School Pune Hosts An Insightful Webinar On The Topic Homeopathy For Neurodiversity: Hope Or Hype



By Editorial

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The Wonder School Pune, in collaboration with Aavishkar Learning Centre, successfully hosted an engaging online webinar titled Homeopathy for Neurodiversity: Hope or Hype, bringing together parents, educators, therapists and caregivers for an open and thoughtful discussion on alternative medical approaches for neurodivergent children.

The session aimed to move beyond myths and marketing narratives surrounding alternative therapies, creating a safe and informed space for families seeking clarity, guidance and compassionate support in their child's developmental journey. The webinar was led by Dr. Anum Zaheer, Homeopathic Physician, Educator and Speaker, Bach Flower Therapist and Founder of Homeopathy Heals, in conversation with Anamika Dasgupta, Director, The Wonder School

Pune and Aavishkar Learning Centre and Co-Founder of Potters Earth Education Research Centre.

Through an interactive dialogue, the speakers explored the growing interest in homeopathy and alternative medical remedies within neurodivergent care, addressing key questions faced by families today — What works? What requires caution? And how can parents make informed decisions while prioritizing their child's well-being? Participants were encouraged to move beyond quick fixes and instead focus on evolving support systems rooted in understanding, patience and individualized care.

Speaking during the webinar, Anamika Dasgupta said: “At the Aavishkar Inclusion Centre, our work begins with a fundamental shift of moving away from viewing neurodiversity as a deficit or something that needs fixing and instead recognizing every child's individuality, potential and dignity. Our role is to prepare children not only for school but for an independent life rooted in access, confidence and hope. Through a carefully integrated approach combining academics, nutrition, therapy, socialization and play, we support families in building meaningful pathways for their children. The Unlabeling Project was born from this philosophy. While diagnostic labels can sometimes help families access support, they can also unintentionally limit how society sees a child. Too often, children begin to disappear behind labels, leaving parents overwhelmed by conflicting advice, therapies and expectations. Families are not seeking ideological debates — they want clarity and reassurance that they are making the right choices. Through conversations like ‘Hope or Hype’, we bring together diverse expert voices to challenge assumptions, reduce fear and help parents make informed, compassionate decisions for their child's journey.”

Addressing participants, Dr. Anum Zaheer said: “Alternative medical approaches often evoke strong reactions — from skepticism to hope — leaving many parents trying to make sense of conflicting information. My journey working with neurodivergent children since 2015 has reinforced that a one-size-fits-all approach does not work. Every child's mind, body and emotional responses are unique. Homeopathy and complementary therapies aim to understand the root cause rather than merely suppress symptoms, while also encouraging lifestyle changes such as balanced nutrition, hydration, reduced screen exposure and emotional expression. Even small shifts, such as fewer meltdowns, improved

attention or better emotional regulation, represent meaningful progress for families.”

She further added: “Healing also requires trust in the body’s natural intelligence. Many childhood illnesses do not always need aggressive medication; supporting immunity, emotional well-being and sensory balance can often make a meaningful difference. Neurodivergent children are deeply perceptive and curious and our role is to channel their energy rather than force conformity. Through patient, individualized care and informed choices, we can help children build resilience, confidence and the skills needed to grow into independent adults.”

The discussion underscored that neurodiversity requires nuanced, multidisciplinary support rather than one-size-fits-all solutions. The webinar empowered parents to ask better questions, evaluate therapies critically and remain grounded in empathy while exploring supportive interventions. The session formed part of The Unlabeling Project, an initiative by The Wonder School Pune that seeks to foster awareness, acceptance and informed dialogue around neurodiversity and inclusive education practices. The webinar witnessed enthusiastic participation from families across India, reinforcing the growing need for credible conversations that bridge education, healthcare and parenting communities.



The Wonder School



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